



Riverhead Community Awareness Program, Inc.
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Riverhead CAP Annual Report 2017-2018

Introduction

Riverhead Community Awareness Program, Inc. (CAP) is a non-profit community-based organization founded in 1979 by a coalition of volunteers to address growing problems caused by alcohol and other drugs within the Riverhead schools and community. In 1982, CAP began providing a monthly prevention education program to all fifth and sixth grade students in Riverhead Central School District; the program is taught by community volunteers who are assisted by peer leaders from Riverhead High School and Middle School, and continues today. In 1986, CAP incorporated and expanded its services from school and community awareness and education programs to include counseling services and crisis intervention to students and families of students at risk for present and future drug and alcohol problems. In 2013, Riverhead CAP was awarded a five-year Drug-Free Communities Support Grant by the White House Office of National Drug Control Policy (ONDCP) to provide coalition-based environmental strategies to reduce youth alcohol and drug use. CAP serves the communities that comprise the Riverhead Central School District in the Towns of Riverhead, Southampton and Brookhaven.

Riverhead CAP's mission is to reduce and prevent alcohol and other substance abuse within the Riverhead schools and community. The three specific goals of CAP are the following:

- 1) To prevent or delay experimentation with alcohol or any drug by school-age population.
- 2) To prevent experimentation from escalating to abuse.
- 3) To prevent the abuse of alcohol and drugs from leading to serious harm to the individual's family, peers, and community, namely to prevent accidents, automobile crashes, health problems and addiction.

To accomplish this, CAP provides licensed clinical social works (LCSWs) for the Riverhead School District in the High School, Middle School, Roanoke Avenue and Phillips Avenue Elementary Schools. CAP is also the lead coordinating agency for the Riverhead Community Coalition for Safe and Drug-Free Youth and employs two community prevention specialists who address youth substance abuse prevention through community-based coalition initiatives and environmental strategies.

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School-Based Program Activities

Prevention Counseling (Riverhead High School Grades 9-12, Riverhead Middle School Grades 7-8, Roanoke Avenue Elementary School and Phillips Avenue Elementary School Grades K-4)

- **2017-2018 Workplan:** Seventy-one (71) assessments, fifty-one (51) admissions, fifty-one (51) discharged. There were 612 sessions

Evidence Based/ Model Program Utilized in 2017-2018

- ***Life Skills Training (LST)*** for all 5th and 6th grade students (universal) in 31 classes at Pulaski Street Elementary School (828 students served). This included one 5th grade class of 26 Spanish-speaking students in which a bilingual volunteer police officer and two bilingual peer leaders were utilized and one 6th grade class of 24 students with varying levels of English in which two bilingual peer leaders presented the lessons
- ***Life Skills Training (LST)*** for 32 middle school (8th grade) and 48 high school (grades 9-12) peer leaders who completed the program in 2017-2018
- ***Life Skills Training (LST)*** for 26 K-4 students at the Southampton Youth Bureau's evening program during three ten-week sessions each in 2017-2018. The Southampton Youth Bureau's Flanders Community Center serves students from the Riverhead Central School District who reside in Flanders, Northampton and Riverside and attend Phillips Ave. Elementary School
- ***Too Good for Violence (TGFV)*** for 53 fourth grade students in three groups who participated in the *Peacemakers*, an anti-bullying group in both Phillips Ave. and Roanoke Ave. Elementary Schools (selective). This innovative peer-led group is facilitated by the CAP social worker. Students act as role models and meet twice per month to plan bullying prevention initiatives and activities. The *Peacemakers* once again led the district in participating in the Great Kindness Challenge in January 2018
- ***Strategic Prevention Framework (SPF)***: This evidence-based model is used in the planning, implementation and evaluation of all coalition activities, including the Riverhead Youth Coalition. Coalition logic model and action plan utilizes the seven strategies to achieve community change, described below

Strategy Implementation Breakdown

Individual-Level Prevention Strategies

1. Provide Information

- Youth Coalition records radio PSAs 4X per year

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- Media Advocacy to educate about community members underage drinking prevention, Social Host Law, prescription and OTC drug prevention, Take Back Events, permanent drop box, e-cigarettes, vaping, marijuana and coalition environmental strategies through press releases, paid and donated advertisements, newsletters, Valpak, CAP website, videos on website and Town Cable Station, mobile billboard truck, posters in schools and businesses, and social media outlets, church bulletins, posters and flyers in pharmacies and medical offices
- Adult and youth presentations to the Riverhead Town Board, Riverhead Central School District, civic groups and other community groups
- Partner with four ice cream shops to utilize underage drinking prevention messages on 30,000 napkins
- Riverhead Youth Coalition and Police Department partner with businesses to conduct *Sticker Shock* by putting penalties of providing alcohol to minors on beer cases and pizza boxes
- Provide brochures for medication safety and inventory to community members and pharmacies
- Set up information tables at RCSD Open House events, SCCC, and Parent University
- Drop box magnets for parents of all 6th grade students as well as community members

2. Enhance Skills (some previously mentioned above)

- Train peer leaders and CAP volunteers to deliver evidence-based *Life-Skills Training (LST)* program
- Deliver *Life Skills Training* program to all 5th & 6th grade students (over 800 annually), high school and middle school peer leaders, and selected K-4 students
- Developed and implemented an e-cigarette and prescription drug component for the *LST* program in 5th & 6th grades
- Provide workshops to peer leaders, youth coalition members and other community groups
- Provide TIPS responsible beverage server training to on-premise and concessions servers for Town-approved fairs and festivals; 11 servers were trained in 2017-2018
- Provided on-site Dover Youth2Youth two-day training for 20 Youth Coalition Members in August 2018
- Provided PIRE training to 26 members of Riverhead and East End Police Departments on Party Patrols and Dispersal, and Social Host Law Implementation

3. Provide Support

- Provide assessment, counseling and referral services in grades K-4 and 7-12; referrals are made for students who complete the 120-day maximum as determined by NYS OAASAS Prevention Guidelines as well as students who do not meet the criteria or are in need of substance abuse treatment or intensive clinical services, like these suffering from psychiatric disorders including suicidal ideations
- Provide social skills groups for students in grades K-4
- Serve as an advisory to the Riverhead Town Board, Alive on 25 and Riverhead Country Fair committees

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- Provide social worker for Southampton Youth Bureau *Amerikids* program
- Partner with by Riverhead Police Department to provide outreach to restaurants and alcohol vendors prior to events
- Partner with SCCC during Alcohol Awareness week to conduct drunk-driving simulation and social norms campaigns
- Offer resources and training for retailers who fail compliance checks
- Provide supplies for drop box collection
- Coordinate Take Back Events for Riverhead Police Department, Peconic Bay Medical Center, Riverhead Highway Department and DEA
- Provide guidance to other coalitions and organizations to conduct Take Back Events and build youth coalitions

Environmental Prevention Strategies

4. Enhance Access/Reduce Barriers or Reduce Access/Enhance Barriers

- Riverhead Youth Coalition did school-based recruitment for new members starting this year in all 6th grade classes
- Provide translation devices for Spanish-speaking parents at Pre-Prom event
- Utilize wristbands during fairs and festivals to reduce access
- Limit types and sizes of alcohol served at fairs and festivals
- Partner with Riverhead Police Department to implement quarterly off premise compliance checks and restaurant on-premise compliance checks twice a year
- Provide bilingual (English/Spanish) literature, signage for retailers and fair servers, and presenters for *LST* program and Pre-Prom event in partnership with Riverhead Police Dept. and Riverhead School District
- Conduct Sticker Shock campaigns with stickers that state the consequences of selling alcohol to minors in Spanish
- Provide video of Pre-Prom event for parents who were physically unable to attend presentation
- Coordinate and implement Drive Up Medication Take Back Days at various locations throughout the community
- Permanent Medication Drop Box open 24/7 at Riverhead PD
- Take Back Days on site at Riverhead Senior Center and Senior residences
- PSAs in Spanish on La Fiesta radio station

5. Change Consequences (incentives/disincentives)

- Raffle (donated) limousine ride and front row seating to graduation for parents who attended community forum
- Recognize vendors that successfully pass compliance checks
- Revocation of fair permits for organizations that fail to obtain TIPS training for servers (enforced through Town)
- Prom tickets require attendance at Pre-Prom event by parents and attendees (enforced by school)
- Provide giveaways and swag bags for students who attended Pre-Prom events
- Raffle off two sets of prom tickets at Pre-Prom event and utilize vendors to offer discounts and incentives to attendees
- Provided free Red Carpet photos to parents who attended Pre-Prom Event

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- Provide incentives and giveaways to community members who participate in Take Back Events
- Annual *Say NO to Drugs March*, t-shirts and picnic serve as incentives for elementary students, high school and middle school peer leaders, who completed the program

6. Change Physical Design

- Limit alcohol sales at Alive on 25 to area within pens supervised by bouncers (enforced by Town and RPD)
- Limit alcohol at fairs and festivals to boundaries identified by police department and only sold through approved vendors (enforced by Town & RPD; CAP provides boundary signage)
- Provide beer booth signage for outdoor events
- Provision in alcohol policy to prohibit alcohol in Town parks and playgrounds
- Environmental scans at Fairs, Retailers, Parks and Beaches, Vape shops, and community “hot spots” by coalition volunteers for community mapping project
- Signage at Police department in English and Spanish promoting drop box
- New funding through Town of Riverhead recycling grant to create permanent placards for medical offices and pharmacies, and palm cards for upcoming Take Back Events
- Include a Take Back station at Town STOP Day (Stop Throwing Out Pollutants), three times per year

7. Modify/change policies

- We continue to partner with the Town of Riverhead and Riverhead Police Department to implement and enforce the town’s first comprehensive policy for serving/consuming alcohol on town property. Some provisions of the policy include required TIPS training for servers, signage that promotes a responsible alcohol serving environment, wristbands for fair attendees who consume alcohol, and limits on drink type, size, and number to be sold to one person. The Town and RPD enforce the policy; CAP provides the TIPS training, wristbands, resources, and database of trained servers
- We have a partnership with the Riverhead Police Department to conduct quarterly compliance checks at on and off-premise establishments to prevent youth from obtaining alcohol at stores and restaurants
- We partnered with Riverhead High School to change policy for Pre-Prom Expo and Parent Meeting to have it added to the school calendar a year in advance
- We partnered with Riverhead High School to re-implement the Pre-Prom Red Carpet Event and require bus transportation to and from the Senior Prom; PBMC Northwell Health sponsors the event, CAP and coalition members plan and facilitate the event, RCSD enforces the transportation requirement
- We worked with Riverhead Middle School to change the policy regarding implementation of the PNA survey in 2018; it will now be administered in English classes instead of gym classes to ensure fidelity

- We partnered with the Riverhead Police Department and Highway Department to add an additional medication Take Back event at the Town's STOP Day, bringing the total number of annual Take Back events to six

Task Groups and Coalition Activities

- **Outreach Committee:** group works to increase capacity and community collaboration in coalition initiatives. This workgroup planned the Fourth Annual Meet & Greet Event which took place on April 12, 2018, and 109 community members attended
- **Planning Committee:** group collects and analyzes data, reviews coalition goals and progress, update logic models and action plans as needed, report outcomes, develop by-laws
- **Prescription Drug Abuse Prevention Committee:** group works to reduce prescription drug abuse in the community through outreach with the medical community and pharmacies; educating community members; and working with law enforcement to increase disposal sites
- **Underage Drinking Prevention Committee:** group works to reduce underage drinking in the community through outreach with retail outlets and servers; educating community members; working with law enforcement to increase compliance checks; and involving youth and media in prevention campaigns
- **Riverhead Youth Coalition:** This group of 7th – 10th grade students (about 25) participates in environmental strategies included Rx take-back events, PSA recordings, and Sticker Shock campaigns, as well as youth coalition recruitment and presentations to both youth and adults including the Riverhead Town Board
- **Alive on 25 & Riverhead Country Fair Planning Committees:** CAP's coalition coordinator serves on these committees to provide expertise, and resources to ensure the summer Alive on 25 and Country Fair festivals comply with the Town's Alcohol Policy and are safe and family-friendly

School Districts Served/ Grade levels

- Riverhead Central School District: Grades K-12 and the surrounding communities (includes Riverhead Town and parts of Southampton and Brookhaven Towns, approximately 41,500 individuals)
- *Life Skills Training* provided in grades K-4 (selective), 5-6 (universal); 8-12 (selective)
- *Too Good for Violence* provided in grade 4 (selective)
- Prevention Counseling provided in grades K-4 and 7-12 (indicated)

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Total Persons Served

- During the 2017-2018 workplan year, we directly served over 6,600 individuals through school and community-based activities, initiatives and programs (unduplicated count)

Trainings Provided

- **Engaging Stakeholders in Creating and Supporting Comprehensive Alcohol Policies for Public Events:** Provided by CAP at CADCA's National Leadership Forum on February 8, 2018 in National Harbor, MD (repeated at CADCA Mid-Year Training Institute on July 15, 2018)
- **Coalitions Achieving Successful Outcomes!** Panel presentation including CAP at CADCA's National Leadership Forum on February 6, 2018
- **Innovative Strategies for Medication Takeback Events:** Provided by CAP at Epiphany Community Services Coalition Retreat 9/21/17 in St. Louis, MO
- **OASAS Learning Thursdays Video – OASAS Prevention Framework:** CAP and the LI PRC created a training about the three components of environmental strategies, policy, media and enforcement, which was taped on 3/6/18 and went live on 3/15/18
- **E-Cigarettes and Vaping Presentation:** Provided by Riverhead Youth Coalition members at coalition annual Meet and Greet event on 4/12/18 to 109 community members
- **Peer Leadership Annual Summer Workshop:** Provided to 37 new 2018-2019 Riverhead Middle School peer leaders on 6/21 & 22/18 by CAP staff, volunteers and 10 high school peer leaders
- **Peer Leadership Annual Alcohol Workshop:** Provided by CAP to 33 Middle School peer leaders on 1/25/18
- **Dover Youth 2 Youth (Y2Y):** On-site two-day training for 20 Riverhead Youth Coalition members focused on environmental strategy development and public speaking on 8/8 and 8/9
- **Training for Intervention ProcedureS (TIPS):** Responsible beverage server training provided by CAP to Splish water park employees on 6/27/18, 11 servers were trained in the concessions (3-hour) curriculum
- **Environmental Strategies Training:** Provided by CAP and Kelli Keck from Epiphany Evaluation services during annual site visit to 30 coalition members on 11/2/17
- **Riverhead Youth Coalition Presentation:** Presented by Riverhead Youth Coalition at the LI PRC Coalition Breakfast to 30 attendees on 2/15/18; topics included e-cigarettes, medication take back events and PSAs

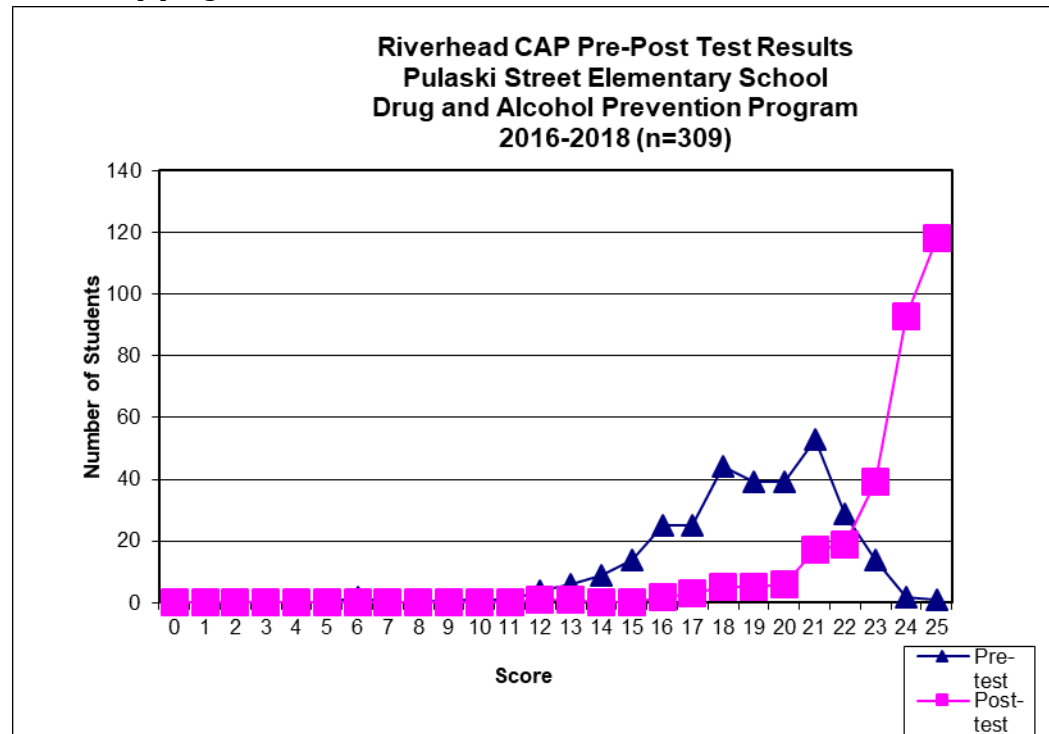
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- **Gambling Prevention Presentation:** Provided by CAP at Riverhead Senior Center to 30 attendees on 5/16/18
- **Helping our Children Avoid Making Destructive Decisions, Community Forum and Panel Presentation:** Provided by CAP in partnership with Riverhead Central School District and FIST to 150 community members on 4/25/18
- **Social Host Law and Prom-Specific Underage Drinking Prevention:** Provided by CAP in partnership with Riverhead Police Department, Peconic Bay Medical Center, and Riverhead High School to 250 and 350 parents and prom attendees on 4/24/18 and 5/23/18 respectively; presentation was also provided in Spanish
- **Red Watch Band Training (harm reduction):** Provided by CAP to seven SCCC peer mentors on 10/8/17
- **Generation Rx Presentation:** Prescription drug abuse prevention program provided by CAP to 800 middle school students on 11/20/18
- **Riverhead Board of Education Presentation:** Provided by CAP and Riverhead Youth Coalition members about the role of youth in community-based substance abuse prevention on 4/18/18 to 45 community members
- **Weekly Peer Leadership Trainings:** Provided by CAP to Riverhead Middle School and Riverhead High School peer leaders (weekly training, September-June).
- **Monthly Volunteer Trainings:** Provided by CAP to our adult volunteers of our *Life Skills Training* Program (monthly training, October-June).
- **Monthly Youth Coalition Trainings:** Provided by CAP to the Riverhead Youth Coalition
- **Upcoming: From Advisory Boards to Working Coalition Members - Strategies to Increase Coalition Capacity:** Provided by CAP at Epiphany Community Services Coalition Retreat 9/21/18 in New Orleans, LA

Accomplishments and Highlights:

- The Riverhead Community Coalition for Safe and Drug-Free Youth was awarded **CADCA's Coalition of Excellence Award for Short-Term Outcomes** on February 8, 2018. We were recognized for our underage drinking prevention initiatives
- Riverhead CAP received the 2017 **Community Based Organization of the Year** by the NY National Guard, New York City Region, Counterdrug Task Force on 3/8/18
- Riverhead Community Coalition members conducted an **extensive mapping and environmental strategies project** which resulted in members creating new Action Plans to reduce underage drinking, and marijuana and e-cigarette use by youth
- Riverhead Youth Coalition members began working to address e-cigarette and vaping use among their peers. They performed **environmental scans** in the community and created a **presentation** to educate community members about the issue at the annual Coalition Meet & Greet Event
- Riverhead Youth Coalition members created a **recruitment strategy** and a presentation which they gave in all 6th grade classes to recruit new, younger members. They also created an **orientation** for new members and their parents
- We once again achieved **statistically significant positive outcomes** for Life Skills Training (LST) program in both Pulaski Street School Elementary and Peer Leadership programs

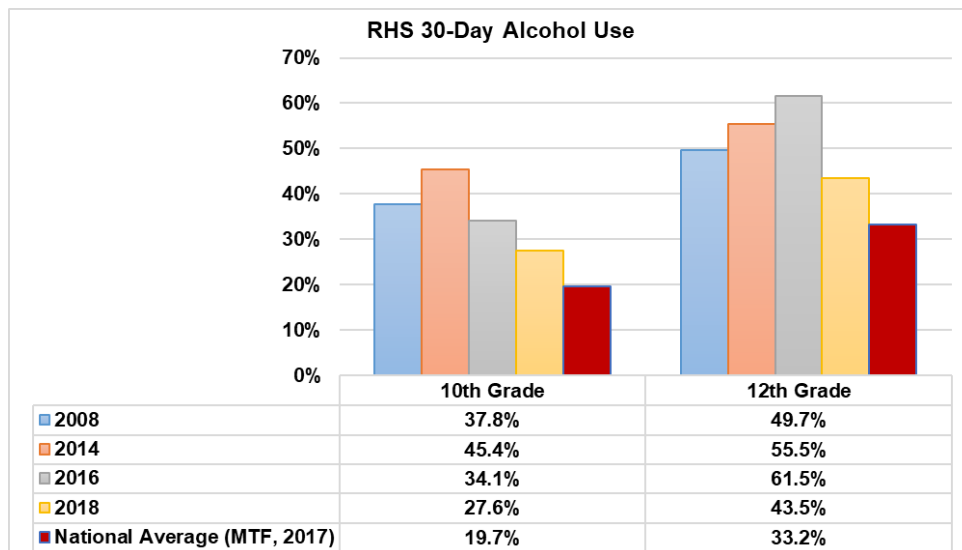


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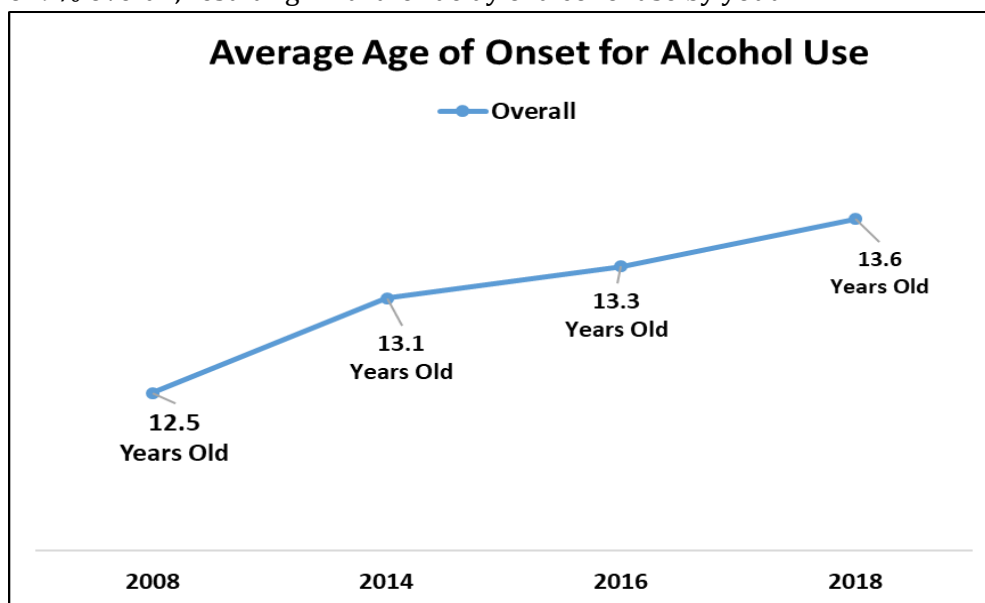
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- Delayed experimentation and maintained abstinence (or stopped use) for 32 middle school peer Leaders and 48 high school peer leaders who reported **not using ATOD**. This accounts for 100% of the peer leaders.
- Conducted Riverhead **Prevention Needs Assessment** in all 6th, 8th, 10th and 12th grade classes in Riverhead Central School District on 4/23/18; a total of 1,271 students participated, an increase of 13% since the last survey in 2016. We conducted youth and adults focus groups, key informant interviews and environmental scans to update our **comprehensive needs assessment** and logic models in 2018
- During 2017-2018, we collected **1,691 pounds of unused and unwanted medication** through a combination of drive-up and mobile Take Back Events and the 24/7 medication drop box installed at the Riverhead Police Department. Since August 2014 we have collected **over 5,200 pounds** of medication. These initiatives are conducted in partnership with Riverhead Town, Riverhead Police and Highway Departments, Peconic Bay Medical Center and the DEA
- Expanded upon the new **Prom Policy** from 2017 at Riverhead High School to re-institute the Pre-Prom Red Carpet Event and require all students to take bus transportation to the prom, reducing access to alcohol and other drugs prior to the prom
- CAP enjoys a positive relationship with the many media outlets that serve our community. Over **5.5 million media impressions** were realized for campaigns and media advocacy during the 2017-2018 workplan year. Riverhead CAP's executive director was named **2017 Educator of the Year** by the Riverhead News Review Newspaper
- Coalition members developed and approved **by-laws** to govern the coalition
- CAP was invited by NYS OASAS to attend SAMHSA's **National Prevention Day** activities, which included recognition at both NYS Assembly and Senate sessions, and meetings to educate state representatives about the importance of prevention

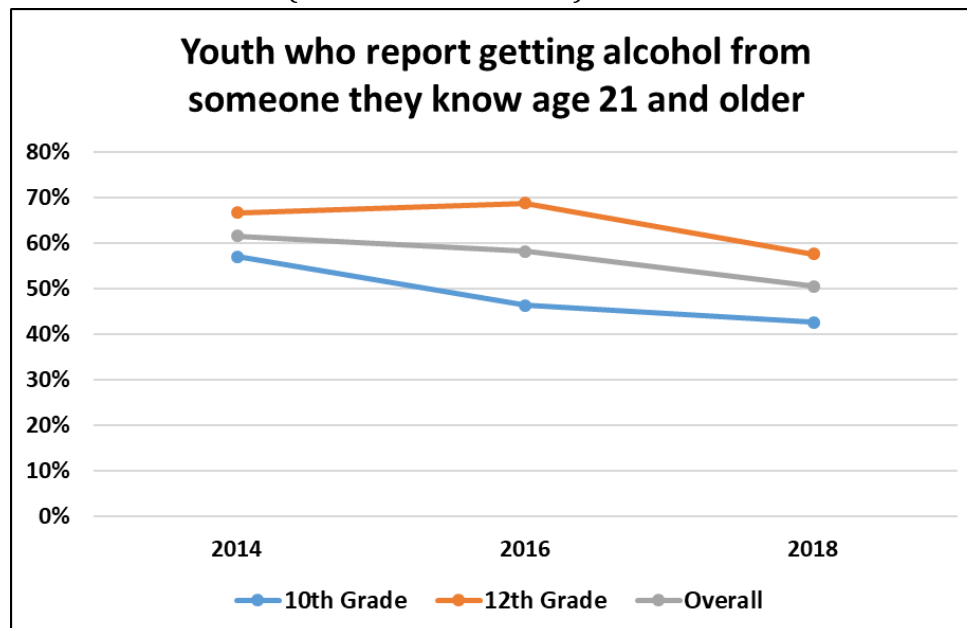
- Past **30-day alcohol use** for Riverhead High School students demonstrated the first **significant decrease** since 2008, although the rates are still higher than the national average



- Average **age of onset** for alcohol use has **steadily increased** since 2008, for a total of 9% overall, resulting in further delay of alcohol use by youth



- High school youth who report **getting alcohol** from someone they know over 21 has decreased since 2014 (not measured in 2008)



Additional Information

2017-2018 Pulaski Street School Students' *Life Skills Training (LST)* Sound Bites

Fifth grade students on how they will use the tools and strategies provided by CAP to stay safe and healthy:

"I can be cool in many ways, but not by showing off and drinking or smoking."

Marcello, 5th Grade

"...CAP is a very helpful resource to the students of Pulaski Street School. They have taught us about things like strategies to de-stress our lives, how to talk to an adult even when it's hard, the effects of drinking and smoking, tricky ways advertisers try (to) get us to buy their products and so many other things I didn't mention."

Anna Lee, 5th Grade

"CAP is important because we need to learn and be aware of our actions and that's what CAP is trying to do."

Jessica, 5th Grade

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"And from CAP I know that I should Stop Think Go...CAP taught me that cigarettes contain carbon monoxide which is in car fumes...I can't believe people actually do that."

Erika, 5th Grade

"Knowing the dangers of drugs, drinking or smoking can help keep me safe."

Laylah, 5th Grade

"I know that you are going to be offered drugs or beer from older kids, but thanks to CAP I've learned ways to talk my way out of it..."

Ellie, 5th Grade

"CAP is important because it is helping us make good decisions for our health. I will use these strategies when I get into a situation like peer pressure."

Logan, 5th Grade

"I learned that when people ask me to smoke or drink I can use the strategies CAP taught me."

Axel, 5th Grade

"I learned the ways advertising convinces you to buy their product like making it look healthy. Advertising uses lots of ways to convince you to buy..."

Zuleika, 5th Grade

"One of the amazing strategies CAP taught me was to make an excuse. I have many already planned."

Colton, 5th Grade

"One thing I learned is why people do drugs. My first reason why people do drugs is because it makes them feel different."

Mikey, 5th Grade

Sixth Grade Students on how the skills they have learned through the CAP program will help them be leaders in the Middle School and beyond "

"...this program has taught me how to make healthy decisions, how to say 'no', and it has taught me about the dangers of drugs and alcohol. These skills can be very important to being a leader."

Daniella, 6th Grade

"Another way CAP shows us how to be a good leader because it helps you say no when needed, and change or take control when it makes you or others uncomfortable."

Tessa, 6th Grade

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"One way I can be a leader is sharing the Stop, Think, Go method."

Demetrius, 6th Grade

"I can be a leader throughout Middle School and beyond by using the skills and strategies that I have learned over the past two years during the CAP program..."

Ethan, 6th Grade

"Anyone can be a leader. A leader is a good role model."

Jack, 6th Grade

"When you're a leader, people think of you as an example to follow. If you're participating in bad activities, you won't be a good leader to follow."

Beatrice, 6th Grade

CAP has really helped me become a leader because it has made me open my eyes and recognize what problems I can run into in the future and how I can prevent them."

Michaela, 6th Grade

"[these skills are] going to help me be a leader in the middle school and beyond by getting others aware of the danger of drugs."

Kiara, 6th Grade

"CAP lessons will help me as I get older because it taught me life lessons such as setting short term and long term goals, not doing drugs or smoking, and it also taught me to be assertive and to just say NO!"

Lily, 6th Grade

"By making the right decisions and having the right attitude, even we, the students, can be leaders."

Caden, 6th Grade

"Stop-think-go is a skill that ensures that when you make a tough decision that you come out with the best outcome."

Joseph, 6th Grade

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Videos

During the 2017-2018 workplan year, CAP continued to produce short videos (available on our website and Vimeo page – [Vimeo.com/RiverheadCAP](https://vimeo.com/RiverheadCAP)) to educate the community and our funders about the work we do. The Town of Riverhead partners with us by playing the videos on their public access television station. Here are links to a few of our recent additions:

- **Riverhead Youth Coalition Recruitment Video** (<https://vimeo.com/272391546>). The Riverhead Youth Coalition made this 2-minute video to assist with recruiting new, younger members. The video was played in all 6th grade classes in June prior to youth coalition presentations in all 15 classes
- **Riverhead Youth Coalition #DearFutureMe** (<https://vimeo.com/268878623>). This 30-second video was created as part of SAMHSA's National Prevention Week (NPW) in May 2018 and shared through social media and as part of OASAS' NPW activities
- **Riverhead CAP's 33rd Annual Say NO to Drugs March** (<https://vimeo.com/275948763>). Highlights from our annual event!
- **Riverhead Community Coalition Meet & Greet Video** (<https://vimeo.com/213952806>). In this video, coalition members describe the Riverhead Community Coalition for Safe and Drug-Free Youth and how community members can get involved in substance abuse prevention

CAP Website

We continually update our website (RiverheadCAP.org) with articles, information, resources, photos, and descriptions of our current projects so that adult and youth community members can be involved and engaged. There are also links to our social media platforms.

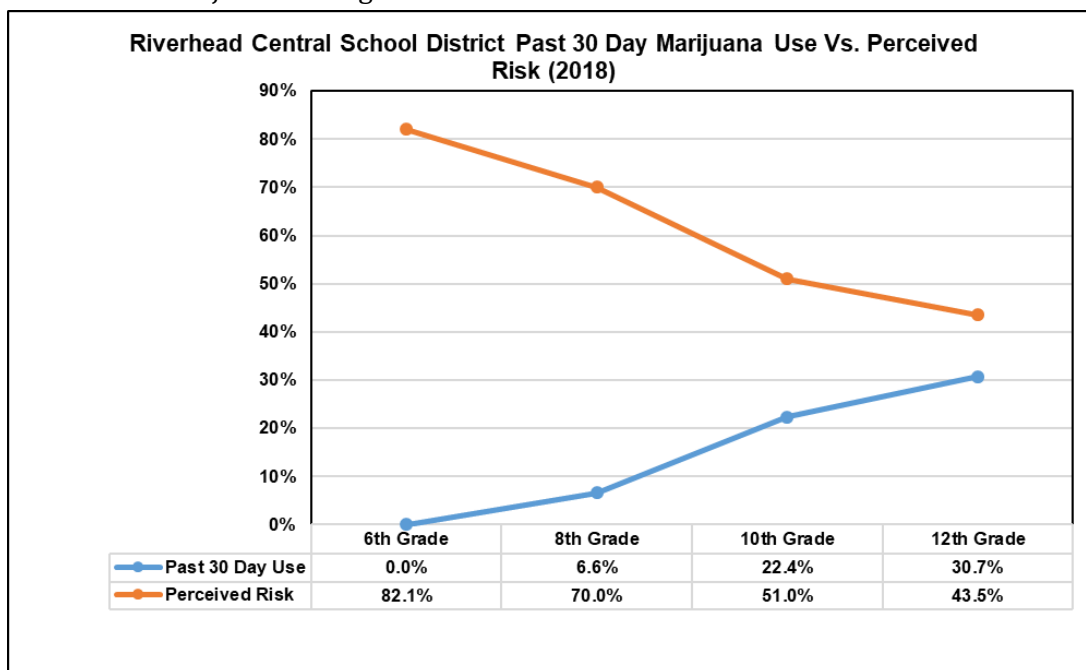
Challenges:

- The high number of Spanish-speaking individuals within the schools and community continues to increase (Latino students now comprise 41% of our student population) and remains a barrier to many of our prevention services and environmental strategies. We continue to partner with the Riverhead Central School District, the Riverhead Police Department, the National Guard Counterdrug Task Force, and Pastor Enrique Lebrón of the Riverhead United Methodist Church on increasing both human and material bilingual resources, as well as bridging cultural differences around underage drinking
- Medical marijuana legalization and the presence of a medical marijuana facility in our town has already affected both students' perceived risk of marijuana use and adult attitudes in the community. Furthermore, the recent NYS Health Dept. recommendation that recreational marijuana be legalized has resulted in support from Town officials for Riverhead farmland be used to grow marijuana, citing

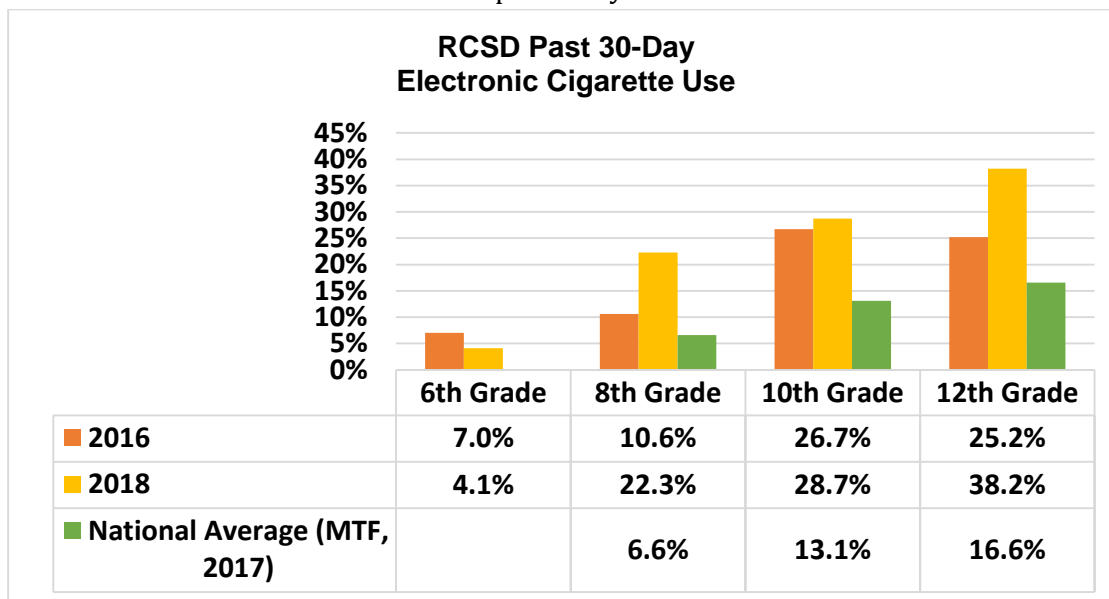
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potential job growth for the area. As perceived risk of occasional marijuana use and peer disapproval of occasional marijuana use decreases, the rate of past 30-day use of marijuana among our students increases.



- E-cigarette and vaping are rapidly growing problems identified by our youth coalition and confirmed in the most recent PNA survey (2018). For 8th graders, the rates have doubled over the past two years



- CAP social workers continue to struggle with the 120-day limit on prevention counseling in some cases. They report that 120 days is not sufficient especially given that school holidays of up to two weeks are included within that perimeter. Parents, school personnel and students also concur that 120 days is not enough time, especially when a total of 120 days is allotted for the lifetime of each student. The stressors students encounter in elementary school vary drastically from the stressors they encounter in high school. Not being able to provide counseling to a student in high school who is at high risk for drug use simply because they were seen by this program in elementary or middle school, frankly does not make sense and the needs and circumstances of each child is different. Mental health provider wait-lists, especially those who require Spanish speaking providers, lack of adequate insurance or financial issues, and parental resistance are just a few of the obstacles that interfere with a successful referral within the 120-day limit
- The change in the minimum wage will not affect CAP

Goals:

- Continue to build coalition capacity in 2018 by increasing the skills of current coalition members, forming more partnerships, and reaching out to new community members to participate
- Continue to increase number of environmental strategies that are planned and implemented by coalition members
- Conduct our Fifth Annual Meet & Greet in April 2019 to inform the community about the positive changes our coalition is making within the community and increase coalition membership
- Hold at least six Medication Take Back events in 2018-2019 that encourage community members to drop off their medication. The events will take place at various locations within the town and at least one will be a mobile event visiting at least three senior citizen residences within the town
- Continue to increase capacity of Spanish speaking volunteers and coalition members to reduce language barriers of our prevention services within the community
- Increase CAP staff and subsequently increase programs and services in the Riverhead School District and community
- Continue working with Youth Coalition members to train and mentor younger members
- Local Service Plan focus recommendation: prioritize prevention services, especially in the areas of underage drinking, and youth marijuana and e-cigarette use

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Advisory to the Riverhead Town Board, CAP is a Community Nonprofit Corporation Supported by the White House Office of National Drug Control Policy (ONDCP), Substance Abuse and Mental Health Services Administration (SAMHSA), NYS Office of Alcoholism and Substance Abuse Services (OASAS), Suffolk County Youth Bureau, and Suffolk County Department of Health Services.